



The
Original
Hot Yoga

BIKRAM
YOGA
SOUTHPORT

www.bikramsouthport.com.au

Stick with it and change your life forever!

	6:00	8:00	9:00	9:30	16:00	16:30	18:30
Mon				●		●	●
Tues	●			●		●	●
Wed				●		●	●
Thurs	●			●		●	●
Fri				●		●	
Sat		●			●		
Sun			●				

Studio Timetable - classes run for 90 mins